Vision Statement

At Delacombe Primary School
we are a community of learners
working in a warm, positive,
friendly and engaging
environment where all members
proudly display the values of:

Respect

Responsibility

Enjoyment

Consideration

Integrity

Personal Best

in order to produce happy, competent, resilient community minded individuals who are able to live productive lives.

DECEMBER BIRTHDAYS

Aaliyah C, Kai R, Will S, Deeva KS, Ruby o, Kayleb R, Mitchell J, Lily P, Jordan L, Nicholas B, Lochlan S, Molly S, Kaden A, Caidyn H, Suki K, Aaliyah S, Chloe N, Laura-Lee H, James L, Patrick R, Stella H, Bailey J, Cooper M, Lucas K, Isabelle B, Owen F, Violet B, Rory A, Zoe F, Laykin B, AAbigail J, Abby W, Isabelle B



Delacombe Primary School



Newsletter No. 20
Wednesday 4th December, 2019

110-120 Greenhalghs Road, Delacombe Vic 3356 PO Box 205R, Redan Vic. 3350

From The Principal's Desk

Dear Parents and Carers,

Primary School

We have 2 weeks to go before the year is over and there are still many things to do before we wrap the year up.

We have arranged our staffing structure for classrooms for 2020. The teachers that have been placed in each year level have been pasted on the following page. Ms Meade will be moving to Ballarat North PS in 2020 and we wish her all the best. Mrs Cooper will be returning in 2020 as Assistant Principal and Mrs Gabby Williams will be returning back from Sebastopol PS.

We have settled on the classes for 2020 and will be advertising these in the undercover area on Friday 6th December. The teachers have considered a range of factors when they have placed students. We feel that the classrooms are well balanced across the school. We plan for the students to spend an hour with their teacher and new classroom buddies on Monday 16th December at 11.30-12.30pm.

We are fortunate to have 21 classrooms available for our 19 classes for 2020 due to the fact that we are receiving a new portable. This portable will be used by our Grade 5-6 students in 2020. A map has been attached to the newsletter that highlights our classroom room numbers.

Last Friday a small contingent of our School Choir sang at the Delacombe Community Christmas Party. Approximately 10 girls and Ms Sandlant sang Christmas carols to the crowd on a wet summers night.

On Monday night the School Council held its final meeting for the night. I would like to thank all of our School Councillors for the time and effort they have put into School Council for 2019 and particularly acknowledge Aileen Shearer Cox for taking on the role of School Council President.

Towards the end of next week we begin the process of moving classrooms for some of our teachers for next year. This will allow us to be ready for the start of the 2020 school year.

Next week on Tuesday is our Orientation day for our Preps for next year and our Grade 6 students. A parent session will occur at 11.20pm in Prep B classroom.

On Friday 13th December we are holding a special thank-you to volunteers who have helped out the school. We have a range of helpers that supports the students and staff at our school and we would like to acknowledge those helpers with a special morning tea.

School reports will be available on Monday 16th December. The report outlines how your child has progressed over the year. The dotted line on the report shows the growth of your child over 12 months. The comment section will provide a bit more detail as to highlights and achievements and goals for the students for next year. We hope you take the time to read over the report and look through the portfolio your child has completed.

You can gain access to the reports via Compass. All parents have an access code to Compass and can access attendance records and reports on this site. Compass is available as an app and is very easy to use. If you have questions about Compass, please see us in the front office.

PICNIC DAY

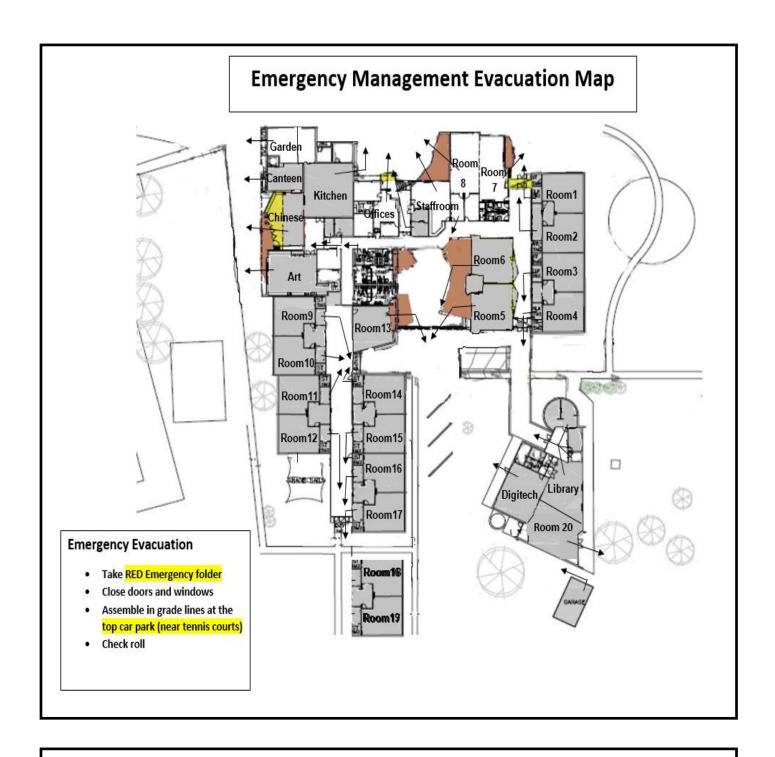
Kirk's Reservoir (10:00am - 2:00pm)
Thursday 19th December.
Parents must park out the front of Kirks and walk in. No cars are allowed to enter the gardens.

Final Assembly is also on Thursday 19th Dec at 2.30pm & is also a farewell to the Gr 6 students.

Have a great week

Staffing structure for 2020

Prep A	Ms Clara Sandlant
Prep B	Mrs Bianca McDonald
Prep C	Mrs Jessica Bailey/ Lauren Cottrill (F)
GRADE 1A	Ms Bek Mangos/Tess Steenhius (W)
GRADE 1B	Ms Hayley Wardlaw
GRADE 1C	Mr Kal Young
GRADE 2A	Mrs Gabby Williams
GRADE 2B	Ms Abby Boyle
GRADE 2C	Mrs Deb Farnsworth
GRADE 3/4A	Ms Maree Demeye
GRADE 3/4B	Ms Kate Peldys
GRADE 3/4C	Ms Lynn McCutcheon
GRADE 3/4D	Ms Tanya Koenig
GRADE 3/4E	Mr Mark Costanzo
GRADE 5/6A	Mrs Emily Burns
GRADE 5/6B	Ms Kat Mennen
GRADE 5/6C	Ms Jaime Skrobolak
GRADE 5/6D	Mr Anthony Cross/ Nicholas Senior (F)
GRADE 5/6E	Mr Jarrod Rodgers
	Prep B Prep C GRADE 1A GRADE 1B GRADE 1C GRADE 2A GRADE 2B GRADE 2C GRADE 3/4A GRADE 3/4B GRADE 3/4C GRADE 3/4C GRADE 3/4D GRADE 5/6A GRADE 5/6A GRADE 5/6C GRADE 5/6C



The Delacombe school choir performed beautifully at the Delacombe Community Christmas Party.





Energy Breakthrough

On the weekend we competed in the Energy Breakthrough for our second time. We have achieved so much in our 2 years of participating and in 2019 we showed some terrific improvements. The results of the 2019 showed this:

We moved from 77th and last in (2018) to 51st and 71st in (2019)

- Our riders were able to sustain much longer periods in the cart, which ultimately saves time on pit changes.
- Our number of laps 2019 we achieved 277 laps (304.7km) and 273 laps (300.3).

Highlights of the 3 days:

- 1. Jaxon Boulton completed close to 100 laps for the A team completing 26 laps in the first leg on the first day.
- 2. Ben Cleary rode his heart out
- 3. Amber Clarke rode the final leg for over an hour and would have completed about 20 laps at a consistently fast pace.
- 4. Olivia H had 3 flips in the cart, with Baylyn and Ben not far behind her.

Our fellow Delacombe students, staff and parents have developed a great sense of pride and achievement. A lot of thanks must go to Anthony Cross for organising so much and was well supported with Tania, Phil, Danielle Lee and Jarrod. EB represents a wonderful opportunity for our students to be involved in all aspects of the operation of a race team, and exposes them to the importance of environmental and sustainability issues, along with gaining an understanding of engineering, safety and













Professional Learning Team Foundation (Preps)

Congratulations on a fantastic 9 days of swimming! You represented DPS with pride and displayed our school values each day. Well done! A huge thank you to our helpers that walked with us each day- we really could not have done it without you!

Whilst we have been swimming, we have still been busy bees at school! In literacy this week we have been working on building our comprehension strategies and reading fluently. We also had a go at writing an exposition! In numeracy we have been working on adding collections and building basic strategies such as counting on and doubling numbers.

As the year wraps up, all library books and take home reading books need to be returned to school. There are also many jumpers in the lost property baskets so if your child is missing theirs, please come in and look.

Professional Learning Team 1 (Grades 1 & 2)

What a wonderful time of year it is, we have come to the final 3 weeks of 2019

Happiness and laughs are everything that we have seen. Everyone has worked so well and hard and tried their personal best and we are very much ready for a break and a big rest!

This week 1/2's will start their swimming. Volunteers and walkers are needed please!

Drink bottles, hats, sunscreen... hopefully there will be a warm breeze.

No lunch orders please, we won't be there to eat it in time. They might also be very tired so a nice early bedtime would be a great idea.

Enjoy the last few weeks of Grade 1 and Grade 2

And continue to be as amazing and wonderful as there is no one as wonderful as you!

Professional Learning Team 2 (Grades 3 & 4)

As the weeks draw to an end, we are finalising Individual Learning Plans and reports. This Friday students will find out their 2020 teacher and classmates. This will be followed up by a session with their new grade and teacher the following Monday.

We have been using a new format for our literature circle groups this week and students have enjoyed extending their thinking about the books they read and sharing them in groups. In writing we have been writing to persuade using topics we feel passionately about. Numeracy has been all about fractions and as we have been working on this for two weeks, a deeper understanding has really developed.

Our space project was a big hit and students did a wonderful job presenting their learning to the class.

A few cases of head lice have been reported in PLT2, so please check heads and treat accordingly, making sure follow up treatment is done to prevent a recurrence.

Have a wonderful week!

Professional Learning Team 3 (Grades 5 & 6)

We are fast approaching the end of the year, and what a fabulous year it's been! With the term wrapping up, we turn our attention to some exciting events that our PLT 3 students will be participating in over the coming weeks.

This week in our reading we are working on investigating text features with a particular focus on bibliographies. The students will be working on referencing specific sites that they used to complete their information reports. In our writing this week we will be looking at creating a reflective piece based on the student's lives at primary school. This will give our students a chance to sit back, reflect and think about the successes, the challenges and the fun times they've had during their time at Delacombe Primary School.

In numeracy this week we are looking at converting between decimals, percentages and fractions. The students have done a huge amount of work on this topic this year and this week will be a chance for them to not only consolidate their previous knowledge, but to build upon this to get them in a positive position for next year.

Just a reminder to keep an ear out for graduation news that will be coming out regularly in the next week to allow yourself to be fully in the loop in regards to how the night will run. The kids have been practising their graduation dance and are really keen to show it off on what is always one of the best nights of the year. Adventure Park is also coming up next week so please ensure that you have filled out the form and returned it to your child's classroom teacher. We can't wait!

PLT 3- Joke of the Month

I dig, you dig, we dig, they dig, he digs, she digs...

It's not the most beautiful poem- but it's deep.

Term 4 Calendar 2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday
9 December	2	3	4 ASSEMBLY	5 Prep Swimming ends	6 Grade 1/2 Swimming starts
10	9	10 Orientation Day Preps 9- 12.30 & Grade 6	11	12	13
11	16 Orientation Gr1-6 2019 11.30am - 12.30pm	17	18 Graduation 6.00-9.00pm Grade 1/2 Swimming ends	19 Picnic day Final assembly Gr 6 walkthrough Last day for students at 3.20pm	PUPIL FREE DAY

Term 1 Calendar 2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1 January	27 Australia Day Holiday	28 Pupil Free Day	29 Pupil Free Day	30 Students begin 1-6 No Preps	31 No Preps
2 February	3 No Preps	4 Preps begin P&F meet and greet 9.00am in the kitchen.	5 Assembly PREP FREE DAY	6	7
3	10	11	PREP FREE DAY	13	14
4	17	18	19 PREP FREE DAY	20	21

Kitchen Garden Calendar *** Kitcher *** Garden

Term 4 7/10/19	Monday	Tuesday	Wednesday	Thursday	Friday
9 Beginning 2/12/19	1/28 11:20	3 Prep A/B 8:50 9:55 5/6C 12:0	4 5/6B 8:50	5 3/4D 8:50 5/6D 11:20	6 5/6A 8:50
	5/6B 2:15	1/26 9:50 3/4A 2:15	3/4E 12:25	5/6A 12:25 5/6C 2:15	No Garden Clas- ses
10 Beginning	9 1/2F 11:20	10 3/4D 8:50 1/2D 11:20	11 5/6D 8:50	12 3/4B 8:50 3/4E 11:20	13 Morning Tea
9/12/19	5/6D 2:15	1/2E 9:50 3/4D 2:15	3/4B 12:25	1/2F 12:25 3/4C 2:15	No Garden Clas- ses
11 Beginning 16/12/19	16 No Classes	17 No Classes	18 No Classes	19 No Classes	20 No Classes

Important Dates for Term 4

10th Dec—Orientation Day for 2020 Preps 9.00-12.30pm

18th December -Grade 6 Graduation

19th December - School Picnic at Kirks Reservoir & final assembly

- LAST DAY OF TERM 4 finishes at 3.20pm

20th December - PUPIL FREE DAY

30th January - First day of school for Grade 1-6

4th February - First day for Preps

6th March-Pupil Free Day

2019 YEARBOOK

Delacombe Primary Schools 2019 Yearbook is available to order on the QKR app for \$15.00 each.

Orders must be submitted by 7th December.

SAKG Volunteers

With school holidays fast approaching we are seeking those who would be interested in providing a holiday resort for our guinea pigs or willing to come and feed the chickens. If you are interested could you please contact either Mrs Ruddick or Mrs O'Brien. The care for the chickens does pay in terms of eggs and the guinea pigs are sure to repay with plenty of cuddles.

Also a reminder to our regular volunteers in kitchen and/or garden that the schools 'Thank-you' morning tea is being held next Friday, 13th December, 10:00am. *Mrs O'Brien, Wendy Ruddick & Lyn Walker*



Congratulations to Ms. Kuik who got married last week. We wish you all the best for your future together Mr& Mrs.Burns!

Congratulations to
Mrs. Fitzpatrick on the
arrival of her beautiful baby
boy Oliver Jack!





Congratulations to Talitha S and Jayden R who were last week awarded a Certificate of Educational Achievement.

Keep up the great work Talitha and Jayden!

LOST PROPERTY

We have a lot of lost property at school. Please come and have a look for any of your child's belongings.

CHRISTMAS RAFFLE



Christmas Raffles have been sent home with your child. Tickets are \$1 each. Please return tickets and money to the office by 16th December.

We would also like to ask our school community for

any donations big or small that we can put into our Christmas Hampers. Please leave donations at the office.

BREAKAFAST CLUB & CANTEEN

There will be NO breakfast club the last week of term.

Friday 6th December is the last Canteen day for the year.

Student of the Week

PLT 2
Lily F | sabelle B
Caitlyn P Abigail J
Naddison P Angus SC

Ella A Chloe W Lachlan W Thomas B

Zac o PLT 1
Molly P

Lily Mc Stella H

Amy D

Brock J

Brodye I

Hunter C

Gabriella T Amy S

Digi Tech
Lucas K, Ruby O & Ben R
P.E. Jasper W & Kaden A

Deegan A

Jess D
Taya M

Hannah T
Brooklyn D
Mitchell J
Courtney W
Charlotte M

ART Jess D & Deegan A

Chinese

David N & Kaden A

Delacombe Primary School Act of Kindness Award To

Dasharni-Rai



Pasharni-Rai is receiving the Act of Kindness Award at assembly today after very kindly offering her cupeake from kitchen to another student when she realised they were going to miss out. Pasharni-Rai has consistently been kind and is a valued student at PPS.

Well Done Dasharni-Rai. Your peers appreciate your kindness towards others!

Scott Phillips- Principal

and

Jesse Winter — School Chaplain



RESPONSIBILITY RESPECT ENJOYMENT CONSIDERATION INTEGRITY PERSONAL REST



Delacombe Primary School 2019

Thursday 19th December 2.30pm Doug Dean Stadium All parents welcome

Transfer of Leadership & Grade 6 Farewell

Official Party

Aileen Shearer-Cox (School Council President)

Scott Phillips (Principal)

Mark Costanzo (Assistant Principal)

Jesse Winter (School Chaplain)

Juliana Addison MP

Traditional Christmas Gingerbread

Ingredients

150g Lurpak unsalted butter, cubed 1/2 cup (125ml) golden syrup 1/2 cup (110g) firmly packed brown sugar

1 teaspoon bicarbonate of soda

3 cups (450g) plain flour

1 tablespoon ground ginger

1 teaspoon ground cinnamon

1/2 teaspoon nutmeg

1/2 teaspoon ground cloves

1/2 teaspoon baking powder

1 egg, lightly whisked

Writing fudge, to decorate Rainbow choc chips, to decorate



Method

Step 1 Preheat oven to 180°C. Line 2 large oven trays with baking paper.

<u>Step 2</u> Place butter, golden syrup and sugar in a medium saucepan over medium heat. Cook, stirring, for 3 minutes or until sugar dissolves. Bring to the boil. Remove from heat. Add bicarbonate of soda and stir to combine. Transfer to a large heatproof bowl. Set aside to cool.

<u>Step 3</u> Sift flour, ginger, cinnamon, nutmeg, cloves and baking powder over butter mixture. Add the egg and stir until combined. Turn onto a lightly floured surface and gently knead until smooth. Divide dough into two portions. Shape each portion into a disc and cover with plastic wrap. Place in the fridge for 45 minutes or until firm.

<u>Step 4</u> Roll one portion between 2 sheets of baking paper until 5mm thick. Using a 6-7cm Christmas pastry cutters, cut shapes from dough, re-rolling scraps. Place on the lined trays, 3cm apart to allow for spreading. Repeat with remaining gingerbread portion.

<u>Step 5</u> Bake in preheated oven, 1 tray at a time, for 8 minutes or until just firm to touch. Remove from oven and set aside on trays for 5 minutes to cool before transferring to a wire rack to cool completely. Decorate gingerbread using writing fudge and rainbow choc chips, if desired.

Garden Working-bee

A big thankyou goes out to the *Ballarat South Rotary Club* for kindly donating their time and energy for a working bee in our school garden, Saturday, 20th Nov.
Approximately twenty members assisted over the course of the morning, performing a variety of tasks including painting, netting of fruit trees, weeding, removal of a garden bed and tree stump and general tidying up. This, in addition to continually efforts and hard work from Mrs Ruddick, the garden leaders and students, the garden is looking a million dollars!





Delacombe Primary School have become aligned with the SunSmart advice of wearing hats when the UV rating is above 3. Children will be notified daily whether their hats are required to be worn .

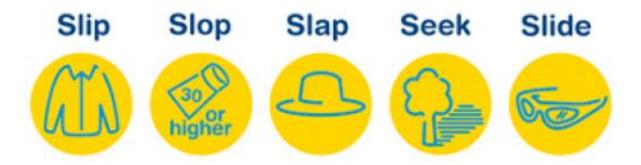
Students will still be required to wear their hats every day during Terms 1 and 4. Please ensure your child's hat is named and is at school at all times.

Sun Smart!!

Sunscreen is vital for safety, protection and your wellbeing. WOW!



When the U.V. rating is over 3 it is essential to put on sunscreen and a hat.



By Mia B, Bridie C & Maya J





FRUIT

1

FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with sooon)
- · Watermelon, honeydew, rockmelon chunks
- · Pineapple chunks
- Grapes
- · Plums
- · Nectarines, peaches, Apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)

MIXED FRUIT

- · Fruit salad
- Fruit kebabs

DRIED FRUIT

 Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

In natural juice (not syrup)



VEGETABLES 2

FRESH CRUNCHY VEGIES

- · Corn cobs
- · Carrot sticks
- Capscum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- · Snow peas
- · Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

Can serve with either:

- · Hommus
- Tomato salsa
- Tatziki
- · Beetroot dip
- Natural voahurt

SALADS

- Calesaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pesto pasta salad*

BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- · Vegetable slice (with grated zucchini and carrot)
- Popcorn

SOUP (In small thermos)

- Pumpkin soup
- Potato and leak soup
- Chicken and corn soup

MILK, YOGHURT AND CHEESE

- · Calcium-enriched soy and other plant-based milks
- · Yoghurt (frozen overnight)
- Custard

- Freeze the night before to keep cool during the day
- · Cheese cubes, sticks or slices
- · Cottage or ricotta cheese
- · Cream cheese
- Tatziki dip

Can serve with either:

- · Fruit
- · Wholegrain cereal. low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

MEAT OR MEAT ALTERNATIVE

- Tinned tuna or salmon in springwater
- Lean roast or arilled meats (e.g. beef chicken, kangaroo)
- Falafel balls
- · Lean meat or chicken patties
- Tinned tung or salmon patties
- Lentil patties
- · Lean deli meats (e.a.ham.silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hommus dip
- · Lean meat or chicken kebab sticks
- · Peanut butter*

Can serve with:

- · Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad
- Vegetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemode pizzas with lean roast or deli meats and vegetables

Can serve with:

- Side salad
- · Steamed or roasted vegetables

GRAIN AND 5 CEREAL FOOD

MAINS

- Wraps
- Sandwiches
- · Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Posta dishes
- Rice, auinoa or cous cous dishes
- · Noodle dishes
- · Sushi

SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

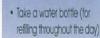
SWEET BAKED ITEMS

- · Fruit loaf
- Wholemed fruit based muffins

SNACKS

- · High fibre, low sugar cereal (e.g. muesli)
- Enalish muffins
- Crackers
- Crispreads
- · Rice cakes
- Corn thins
- Pikelets
- Crumpets Hot cross buns (no icing)

Wholemeal scones

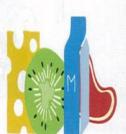


WATER

 Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes, They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



*Check your school's policy regarding the use of nuts and products containing nuts.

For more information about healthy eating and for many tasty recipes, visit the the Healthy Eating Advisory Service: http://heas.health.vic.gov,au/



Volunteers required for our SAKGP



We have a number of vacancies for volunteers in our SAKG Program, across all year levels, particularly Grades 1 & 2.

If you are able to help out in a kitchen or garden class, please call by the PE office (next to the library) and chat to Mrs O'Brien (Monday/Tuesday) or leave your contact details at the front office. You will need a Working with Children Check (Volunteer Card – free) which is available online before you are able to participate in any class as a volunteer.





For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Order and pay for your child's lunches, reducing the need to bring cash to school;
- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app





Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

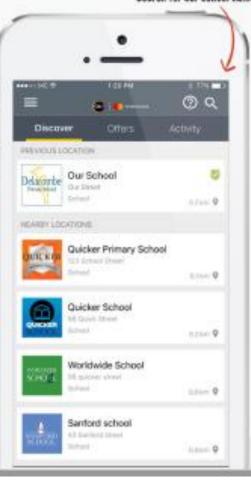
Step 4 Register your children

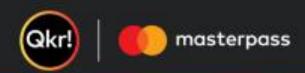
When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them. If you have made a purchase you can select our school from 'Previous Location'



If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name





Add your children's details in Student Profiles









るか年の

Manage each child's details in Student Profiles

Order meals

Select a menu from our canteen



Tap the green box to view your receipt or to cancel an order



Select a date for a child and order a meal

> Tap 'Repeat order' to copy all paid orders from one week to the next

Tap to change the date you are ordering for

Tap to change the child you are ordering for

Tap 'Checkout' then confirm and pay

Making payments









At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.

Delacombe Primary School



2020 Enrolment and transition details



We extend a warm invitation to interested students and their families who wish to experience the fantastic educational opportunities available at Delacombe Primary School.

Transition for school sessions in Term 4



Thursday October 24th - 2.20 3.20 pm Tachnology/PE

Tuasday October 29th - 2.20 - 3.20 pm - Craft/Garden

Tuasday Novambar 12th 2.20 - 3.20 pm - Craft/Garden

Thursday November 21st - 2.20 - 3.20pm - Technology/PE

Orientation Day - Tuesday Dec 10th 9.00 - 12.30 pm

School Tour & Parent Information Session



Parents are invited to discover and learn about our wonderful school.

Friday 26th April 9.30am (Please book in)

Friday 3rd May 9.30am (Please book in)

Enrolment packages are available at this session, individual tours can be arranged.



SCHOOL HOLIDA

SUPPORTED BY RENEGADES



- · For kids of all abilities from 5 to 10 years old
- · Learn new skills through fun game-based activities and play modified games of cricket
- · All equipment provided
- · Fun and safe environment

SIGN UP NOW TO GET YOUR CRICKET BLAST PACK!

Includes a ball. drink bottle and drawstring bag



Melbourne Renegades - Ballarat - January School Holiday Program

Dates: Tuesday 21st & Wednesday 22nd January

Time: 9:00am - 12:00pm

Cost: \$50

Venue: Eastern Oval - Ballarat Register: playcricket.com.au

Contact: Joel on 0466 853 597 or jquarrell@cricketvictoria.com.au







Chill Skills

Multi Support Programs for children and families

Small Group program to help manage symptoms of anxiety and stress

Now taking bookings for Term 1 (Saturday Morninings)

1 hour session a week x 8 weeks

Does your child worry about problems that seem minor? Do they get stomach aches and not want to go to school? Do they have trouble separating? Do they appear fidgety and restless? Do they get up in the night?

Why would chill skills be good for your child?

- √ to minimise the symptoms of anxiety and stress
- √ to build emotional resilience
- √ to learn Mindfulness exercises they can use for life
- √ to develop effective coping strategies
- √ to develop emotional intelligence skills
- √ to know they are not alone suffering with 'worries'

\$400 per child

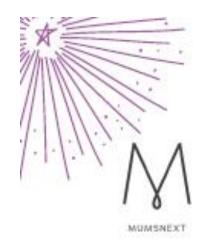
For further information please contact Kerrie on 0423665100 or via email at readysteadyachieve@gmail.com



ReadySteadyAchieve 26 Kirby Avenue Canadian, Ballarat 3350 0423665100

www.readysteadyachieve.com www.facebook.com/readysteadyachieve





Delacombe Salvos Coffee and Conversation



Thursday 1pm to 3pm

17th October

31st October

14th November
28th November
12th December

Delacombe Salvation Army
Corner of Warrina Drive and Greenhalghs Road,
Delacombe, 3356

MUMSNEXT: Find Your Fire

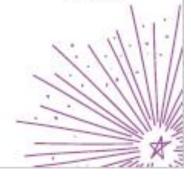
- Connecting with other Mums who have primary school, teenagers or older children
- Chats, discussions, craft activities, guest speakers, program designed by you for you.
- Coffee and Cake

or Alison: 0437 028 256 for more information.











LEARN, PLAY, GROW

at

Delacombe Salvation Army

Every Thursday 9 am to 11 am

Cnr of Greenhalghs Road and Warrina Drive, Delacombe.



Morning Tea Provided
Facilitated by an Early Childhood Educator
Monthly Guest Speaker



Social Interaction for children and their families Fun learning activities for all ages of children Everybody is Welcome

Need more information. Call Alison on: 0437 028 256 Email:

alison.ford@asalvationarmy.org.aus or Facebook:

SalvoConnect Family Connections.







Sing, Play, Move with

CoCo Sounds

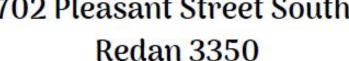


Join Stella from CoCo Sounds in a singing, dancing interactive play session. After the singing and dancing, there will be time to explore the garden, sandpit, tee-pee and street library.



Term 4 Friday at 9:30am to 11 am Flo's Place 702 Pleasant Street South,







Please note: In extreme weather this event will be cancelled. Stay up to date by following the SalvoConnect Family Connections Facebook page.

Need more information.
Call Alison on: 0437 028 256
or Facebook:
SalvoConnect Family Connections.





EVERY MINUTE

Kho is	That equals	oesn't seem i	that's
nly missing	so minutes	Nearly 1.5 week	s Nearly HALF A YEAR
10 minutes per day	per week 1 hour 40	per year Nearly 2.5	nearly 1 YEAR
20 minutes per day	minutes pe week	weeks per ye	Noorly 1 AND
Half an hou	1 10	11	A HALF YEAR
per day	1 day be	1 21/00 0	A HALF YEARS
1 hour per day	meek	11	

Did you know your child's best learning time is the start of the school day?



That's when every minute counts the most!